

Bullying Awareness and
Prevention Week 2020
#Choosetobeananti-racist

we would like to recognize that we have the privilege of being on the Treaty Territory of the Mississaugas of the Credit First Nations People. We promise to honour the land, the animals, and people too. We look to the sky and say thank you for the sun, the rain and the air we breathe. We support and take care of each other. Together we say, as long as the grass grows, as long as the river flows, as long as the sun rises and sets, we honor those original inhabitants of these lands!

S.Ellis



Dear staff, each of the following slides features a link with either a song, a read aloud of a picture book, a TED Talk, or a short movie related to the topic of bullying, identity, racism, and other such sensitive subjects that may surface from the discussions you have with your students. Please use your professional judgement as you preview the materials and select what to use for your own reflection and how to add it to your culturally responsive teaching practice.

The ideas for reflection/discussions are just a starting point you may choose to do only one slide or pick only one idea to further explore with your learners.

You may share in your grade level teams where each teacher selects one of these activities to do - discuss their thoughts as they prepare and later share how the lesson went (in class)

A good starting point might be to create a chart of positive descriptions of each culture represented in your classroom community of learners.

Short Film: The Reflection in Me K- Grade 5

Short film about self acceptance

This short film shows a little girl learning about herself and all her strengths meant to break all barriers!

Ideas to consider/discuss:

By 3 years old children are classifying people based on their appearances. The worst conversation is no conversation. Our children are growing up not loving themselves and can't extend that love to their peers.

Accept and love what you embody and then celebrate someone else who doesn't look like you!

"May you always see yourself as you truly are...perfectly perfect!"

I LIKE ME (Picture Book K-5)

I like ME - read aloud This picture book is a great opportunity to engage students in a discussion about what they love about themselves and celebrate what they identify as strengths and self-love.

Ideas for educators to consider:

High Expectations

- Are we consciously looking at all our students with an asset lens?
- How might we recognize and check ourselves when we look at a child with deficit or with an assumed narrative?
- How are we communicating to our students that they are capable and competent every day?

Desire to Make a difference

- How are we actively working towards recognizing and removing the barriers that are getting in our students' way?
- How are we providing opportunities for empowerment for all students?
- How much of our practice are we willing to reflect on and change? Are we willing to sit in our own discomfort and humility in order to make change?

My Special Hair (K-2)

[My Special Hair - K-2](#)

Ideas to consider/discuss:

You could ask all students to consider instances of when they were made to feel negatively centered out for being different, then discuss strategies with students to use when in such situations along with empowering them to love and honor what makes them unique and the power self-love carries.

Don't Touch My Hair (Picture Book) K-5

[Don't Touch My Hair \(readaloud\)](#)

Ideas for educators to consider:

This picture book explores important topics such as - identity, privacy, personal space, exploitation, trauma, entitlement, calling out, permission, etc.

It is important that discussion around such topics occur in our learning spaces. Let discussions happen in an authentic way and honor students' input and their lived experiences. Hair, skin, religious dress, are all part of our identity and it should be a source of pride and honor for children such as the main character who absolutely loves her hair!

Joshua Bingwa - Brilliant Black Boy and his TedTalk

[What makes us different by Joshua Bingwa](#)

Grades 3-5

This Brilliant Black Boy from Kenya who is a multilingual Science enthusiast teaches us some amazing facts such as “Did you know we share 50 percent of our DNA with a banana?”

Ideas to consider/discuss:

~If the power to question is what separates us from every other living creature then what questions do you have for those in power?

Exploring Emotions (Kindergarten/Grade 1)

Exploring Emotions - K

Sesame Street Game: naming your emotions

Ideas to consider:

When kids are cared for, engaged, and positively challenged it can change the nature of the school. Healthy schools have children that feel they belong and find their realities reflected in the curriculum and conversations during schooling hours. They are more engaged in learning and experience greater school success when their voices are valued. Naming, understanding and managing their emotions leads to feeling and showing empathy for others. We must patiently and consistently model empathy, acceptance, and love for our young students. Dr. Mark T.

Read aloud - Antiracist Baby

[Antiracist Baby - Picture Book read aloud](#) (K-5)

Ideas for educators to consider:

By 6 month old babies show racial preferences

Developing language through healthy and authentic discussions around race, racism and anti-racism is crucial

Racist barriers exist to stop us all from being truly free, we have the power to change that by celebrating differences

Begin the process of understanding racial identity - when using your words when talking about race be sure you have a range of descriptive, positive words to identify race starting with your own

It is crucial for educators to model this language and behaviour, students will observe how you describe yourself and how “normalizing” difference is common and good. They will see your comfort and boldness in addressing race and sharing your identity and that will invite them to explore their own and become comfortable with sharing as well. This book deals with the issue directly and gives teachers an opportunity to engage meaningfully.

Song (Grade 4/5) - Official Music Video for Bully

Stand up!

This song can be played throughout the week in Grades 4 and 5 to bring awareness about how cruel and traumatic bullying can be. This video features victims of bullying, their heartbreaking stories made public to encourage others to be brave and vocal in bringing change by standing up and stopping bullying acts in all forms!

Ideas to consider/discuss:

- ~ Be a friend, sit next to and talk to kids that are sitting by themselves!**
- ~ Never use hurtful words to address kids or for the sole purpose of getting attention!**
- ~ Get to know the kids that are playing by themselves, learn about them, you'll find out how similar all kids truly are.**
- ~ Everyone needs friends!**